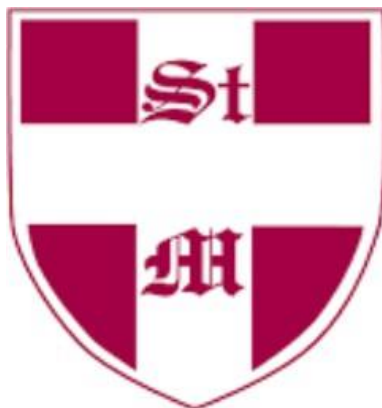


St. Michael Catholic Primary and Nursery School

Medical And First Aid Policy



"I came so that you may have life, life in all its fullness" John 10:10

St Michael Catholic Primary School and Nursery is a Catholic family of faith following the teachings of Christ. We strive to create an environment where all members of our school community respect the values of: Church, Independence, Resilience, Caring, Learning and Enjoyment for all. Belief in these values will nurture all as individuals and instil in them the confidence to meet their full potential, providing them with the best grounding for their future place in an ever-changing world.

Policy Date	September 2026
Signed by Head Teacher	Mrs N Collins
Review Date	September 2027

Policy Statement

At St Michael Catholic Primary and Nursery School, we are committed to promoting the health, safety and wellbeing of all pupils, staff and visitors.

We recognise that pupils with medical conditions should be properly supported so that they can access education, including educational visits, sporting activities and enrichment opportunities, alongside their peers.

We aim to ensure that all pupils receive appropriate medical support and first aid when required and that procedures are in place to manage both routine and emergency situations safely and effectively.

This policy should be read alongside:

- Supporting Pupils at School with Medical Conditions
- Child Protection and Safeguarding Policy
- Administering Medicines Policy
- Health and Safety Policy
- Attendance Policy
- Educational Visits Policy
- SEND Policy

Aims

The aims of this policy are:

- To provide adequate and appropriate first aid provision.
- To promote the health, safety and wellbeing of pupils, staff and visitors.
- To ensure pupils with medical conditions receive appropriate support in school.
- To enable pupils with medical conditions to access education and school experiences safely.
- To ensure staff understand their responsibilities when supporting medical needs.
- To maintain effective communication with parents, carers and healthcare professionals.

- To promote awareness of basic first aid and emergency procedures.
 - To ensure compliance with relevant legislation and guidance.
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Supporting Pupils with Medical Conditions

The school recognises that pupils with medical conditions should be properly supported so that they can enjoy the same opportunities at school as any other child.

This may include pupils with:

- Asthma
- Anaphylaxis
- Diabetes
- Epilepsy
- Allergies
- Physical disabilities
- Long-term health conditions
- Mental health needs where medical support is required
- Temporary medical conditions following illness or injury

The school will ensure that medical needs do not unnecessarily prevent pupils from participating fully in school life.

Individual Healthcare Plans

Individual Healthcare Plans (IHPs) will be developed where appropriate for pupils with significant medical needs.

Plans will normally include:

- Details of the medical condition.
- Signs, symptoms and triggers.

- Medication requirements.
- Emergency procedures.
- Staff responsibilities.
- Educational visit considerations.
- Additional support arrangements.

Healthcare Plans will be developed in partnership with parents, healthcare professionals and relevant staff.

Plans will be reviewed regularly and updated whenever needs change.

First Aid Provision

Appropriate first aid provision will be available at all times during the school day, at before and after school activities and during educational visits.

The school will:

- Maintain appropriately stocked first aid kits.
- Ensure first aid resources are readily accessible.
- Ensure suitable facilities are available for pupils who become unwell or injured.
- Maintain clear procedures for responding to accidents and illnesses.
- Ensure sufficient trained first aiders are available.

First Aid Personnel

The school will ensure that an appropriate number of staff are trained in:

- Paediatric First Aid
- Emergency First Aid at Work
- First Aid at Work
- Outdoor First Aid where appropriate

Staff will attend refresher training in accordance with qualification requirements.

Current first aiders and their locations will be shared with staff and displayed around school where appropriate.

Asthma

The school supports pupils with asthma and recognises that quick access to medication is essential.

Pupils with asthma should have access to their prescribed inhalers at all times.

The school maintains an emergency asthma inhaler where permitted and appropriate.

Staff supporting pupils with asthma will be aware of:

- Individual healthcare plans.
 - Signs and symptoms of an asthma attack.
 - Emergency procedures.
 - Location of medication.
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Allergies and Anaphylaxis

The school recognises that severe allergies can be life-threatening and must be managed carefully.

Pupils at risk of anaphylaxis should have a clearly identified Individual Healthcare Plan.

The school may hold spare Adrenaline Auto-Injectors in accordance with national guidance.

Staff supporting pupils at risk of anaphylaxis will receive appropriate training.

Parents are responsible for ensuring prescribed medication remains in date and is available in school.

Emergency Medication

The school will maintain procedures for supporting pupils requiring emergency medication.

This may include:

- Asthma inhalers
- Adrenaline Auto-Injectors
- Diabetes medication
- Epilepsy medication
- Other prescribed emergency medication

Relevant staff will receive training appropriate to the needs of pupils in their care.

Defibrillator (AED)

The school maintains an Automated External Defibrillator (AED).

Staff are informed of its location and the procedures to follow during an emergency.

The AED may be used in accordance with current resuscitation guidance and advice from emergency services.

Administration of Medicines

Where medication needs to be administered during the school day, procedures outlined in the school's Administering Medicines Policy will be followed.

The school will:

- Obtain written parental consent where required.
- Maintain medication records.
- Store medication safely.
- Ensure medication is accessible in emergencies.

Staff will not administer medication unless appropriately authorised and trained.

Mental Health and Wellbeing

The school recognises that health includes both physical and mental wellbeing.

Where a pupil's mental health affects their safety, attendance, access to education or medical needs, appropriate support will be provided through pastoral, safeguarding and SEND systems.

The school will work with families and external professionals where additional support is required.

Educational Visits and Sporting Activities

Appropriate first aid provision will be available during educational visits, residential visits and sporting activities.

Risk assessments will identify:

- Medical conditions.
- Medication requirements.
- Emergency procedures.
- Staffing and supervision arrangements.
- First aid requirements.

Relevant staff accompanying visits will be informed of medical needs and emergency arrangements.

Accident Reporting and Record Keeping

All accidents requiring first aid will be recorded appropriately.

Records will include:

- The nature of the injury or illness.
- Date and time.
- Action taken.
- Person providing assistance.

- Communication with parents where required.

Parents will be informed of significant injuries, head injuries, medical incidents or any situation requiring ongoing monitoring.

Reportable incidents will be managed in accordance with RIDDOR requirements.

Inclusion and Equality

The school is committed to ensuring that pupils with medical needs are fully included in school life.

Reasonable adjustments will be made where required to support equal access to:

- Learning
- Educational visits
- Physical activity
- Clubs
- Performances
- Competitions
- Wider school opportunities

All decisions will consider the individual needs of the pupil whilst prioritising safety and wellbeing.

Roles and Responsibilities

Governing Body

The Governing Body will:

- Ensure medical and first aid arrangements are effective.
- Monitor compliance with statutory guidance.
- Provide appropriate challenge and support.

- Ensure adequate resources are available.

Headteacher

The Headteacher will:

- Ensure effective implementation of this policy.
- Monitor first aid provision.
- Ensure staff receive appropriate training.
- Promote a culture of health, safety and wellbeing.

Medical Lead / Nominated Person

The nominated person will:

- Oversee medical and first aid arrangements.
- Maintain first aid supplies.
- Monitor healthcare plans.
- Organise appropriate training.
- Ensure records are maintained.

School Staff

All staff will:

- Be familiar with school procedures.
- Respond appropriately to medical concerns.
- Report accidents and incidents.
- Follow healthcare plans where relevant.
- Undertake required training.

Parents and Carers

Parents and carers will:

- Provide accurate medical information.

- Update the school regarding medical changes.
- Supply required medication.
- Participate in healthcare planning where appropriate.

Pupils

Pupils will:

- Inform adults if they feel unwell.
 - Follow agreed medical arrangements.
 - Support a safe environment for themselves and others.
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Training

The school will ensure that appropriate training is provided for staff in relation to:

- First Aid
- Paediatric First Aid
- Medical Conditions
- Administration of Medicines
- Asthma Awareness
- Anaphylaxis Awareness
- Use of Adrenaline Auto-Injectors
- Diabetes Management
- Epilepsy Awareness
- Emergency Procedures

Training will be reviewed regularly to ensure staff remain confident and competent in supporting pupils.

Safeguarding

The school recognises that medical needs and safeguarding can be closely linked.

Medical concerns may indicate wider safeguarding vulnerabilities and all staff are expected to remain vigilant.

Where concerns arise regarding a pupil's welfare, safeguarding procedures will be followed immediately.

Monitoring and Review

The implementation of this policy will be monitored through:

- First aid records.
- Accident reports.
- Medical incident reviews.
- Healthcare Plan reviews.
- Staff training records.
- Pupil and parent feedback.
- Health and Safety monitoring.

The policy will be reviewed annually or sooner where changes to legislation, guidance or school practice require it.

Linked Policies

- Child Protection and Safeguarding Policy
- Health and Safety Policy
- Administering Medicines Policy
- Educational Visits Policy
- SEND Policy
- Attendance Policy

- Mental Health and Wellbeing Policy
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Through effective first aid provision and high-quality support for pupils with medical needs, St Michael Catholic Primary and Nursery School seeks to ensure that every child is safe, supported and able to flourish in school life.