

St. Michael Catholic Primary and Nursery School

A Child and Young Person's Safeguarding Policy



"I came so that you may have life, life in all its fullness" John 10:10

St Michael Catholic Primary School and Nursery is a Catholic family of faith following the teachings of Christ. We strive to create an environment where all members of our school community respect the values of: Church, Independence, Resilience, Caring, Learning and Enjoyment for all. Belief in these values will nurture all as individuals and instil in them the confidence to meet their full potential, providing them with the best grounding for their future place in an ever-changing world.

Policy Date	September 2026
Signed by Head Teacher	Mrs N Collins
Review Date	September 2027

Our Promise to Keep You Safe

A Child and Young Person's Safeguarding Policy

Everyone Has the Right to Feel Safe

At our school, we believe that every child and young person has the right to:

- Feel safe
- Be happy
- Be listened to
- Be respected
- Learn without fear
- Get help when they need it

No matter who you are, where you come from, what you believe, or what makes you unique, you matter and deserve to be safe.

What Does Safeguarding Mean?

Safeguarding means protecting children and young people from harm and helping them get support when they need it.

This includes:

- ☒ Keeping you safe in school
- ☒ Keeping you safe online
- ☒ Helping you if you are worried or upset
- ☒ Protecting you from bullying or discrimination
- ☒ Making sure trusted adults listen to you
- ☒ Supporting your wellbeing and mental health

Who Can Help Me?

If you are worried about anything, talk to a trusted adult.

This could be:

- Your teacher
- Form tutor
- Teaching assistant
- Learning mentor
- School counsellor
- Headteacher
- Designated Safeguarding Lead (DSL)
- Any adult in school you trust

Remember: You do not have to deal with worries on your own.

When Should I Tell Someone?

You should talk to an adult if:

- Someone is hurting you.
- Someone is making you feel unsafe.
- You are being bullied.
- You are worried about a friend.
- Someone is sending upsetting messages online.
- You feel frightened.
- Something doesn't feel right.
- You are struggling with your feelings or mental health.

Even if you are unsure, it is always okay to tell someone.

What Happens When I Tell Someone?

We will:

- ☒ Listen carefully
- ☒ Believe what you tell us
- ☒ Take your concerns seriously
- ☒ Help you get support
- ☒ Keep you informed where possible

Sometimes we may need to tell other adults who can help keep you safe.

We will only share information when it is needed to help protect you or someone else.

Bullying Is Never Okay

We want everyone to feel welcome and included.

Bullying can be:

- Physical (hitting, kicking, pushing)
- Verbal (name-calling)
- Emotional (excluding people)
- Online (cyberbullying)

If someone is bullying you or somebody else:

Tell a trusted adult.

You will not be blamed for speaking up.

Respecting Each Other

At our school we expect everyone to:

- Be kind
- Show respect

- Use positive language
- Include others
- Celebrate differences
- Treat people fairly

We do not accept:

✗ Bullying

✗ Racism

✗ Discrimination

✗ Harassment

✗ Violence

✗ Hurtful online behaviour

Staying Safe Online

Technology is a great way to learn, connect and have fun, but it is important to stay safe.

Remember: Think Before You Share

Never share:

- Personal information
- Passwords
- Home address
- Phone numbers

Be Careful Who You Talk To

People online are not always who they say they are.

Report Problems

Tell an adult if someone online:

- Makes you uncomfortable
- Asks for personal information
- Sends upsetting messages
- Tries to pressure you

STOP • BLOCK • REPORT • TELL

These four steps can help keep you safe online.

Looking After Your Mental Health

Everyone has feelings.

Sometimes we may feel:

- Sad
- Worried
- Angry
- Lonely
- Nervous
- Overwhelmed

This is normal.

If these feelings become difficult to manage, speak to a trusted adult.

Asking for help is brave and important.

Worried About a Friend?

If you think a friend might be:

- Unsafe
- Being bullied
- Harmed
- Upset
- Struggling with their mental health

Tell a trusted adult.

You are not getting your friend into trouble.

You may be helping them get the support they need.

Your Voice Matters

We will:

- Listen to your views.
- Take your concerns seriously.
- Treat you with respect.
- Help you find support.

You have the right to speak up and be heard.

Emergency Help

If you ever feel unsafe and need help straight away:

In School

Speak to any member of staff immediately.

Outside School

You can contact:

Childline  0800 1111  www.childline.org.uk

Childline is free, private and available 24 hours a day.

Our Safeguarding Promise

We promise to:

♥ Listen

♥ Support

♥ Protect

♥ Respect

♥ Care

Speak Out. Stay Safe. We Are Here For You.

If something is worrying you, tell someone. You will never be in trouble for asking for help.