



The Intent, Implementation and Impact of our Physical Education Curriculum

School Mission Statement



St Michael's RC Primary School is a Catholic family of faith, following the teaching of Christ. We strive to create an environment where all members of our school community become caring, independent and resilient individuals who fulfil their potential.

"I came so that you may have life, life in all its fullness" John 10:10

Physical Education

Physical Education, which includes gymnastics, dance, swimming and games, is an important part of the school curriculum and the National Curriculum. PE is used to

PE is taught on a minimum of 2 hours a week and the aim in all of its range of activities is to develop all the physical skills, to encourage an enjoyment of sport and to establish an attitude of perseverance, competition and an acceptance of rules and decisions .

The school has a large hall with a climbing frame and gymnastic equipment, small hall used for dance, a large playground with a caged sports zone and access to a large field. Year 4 and 5 classes each have a block of swimming lessons with year 6 having catch up and life-saving skill lessons . These sessions take place in Medway Park Swimming Pool.

We are affiliated to the Greenacre Partnership and the Medway Mini Youth games, giving us opportunities to regularly compete with schools across the Medway. Through the inter-school activities we enter a range of competitions such as, cross-country, swimming and athletics. We also compete in the Medway schools football league.

Intent

It is our intent at St Michaels to teach children life skills that will positively impact on their future. We aim to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical activities. We want to teach children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values. We want to teach our children the importance of a living a healthy active life.

Implementation

Pupils participate in weekly high quality PE and sporting activities. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. We provide opportunities for children to engage in extra-curricular activities, in addition to competitive sporting events. This is an inclusive approach which endeavours to encourage not only physical development but also well-being.

Impact

Our curriculum aims to improve the wellbeing and fitness of all children at St Michaels, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes. Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness. Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.